

The Able Times

From the Desk of Michael Shapiro, President
& Sandra Weintraub, CEO



October 2020
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Customer Service, We Are All Customers Atención Al Cliente, Todos Somos Clientes

At Able, Customer Service is of the utmost importance. Who are our customers? Every patient, his or her family, our caregivers and our administrative staff.

En Able, el servicio al cliente es de suma importancia. ¿Quiénes son nuestros clientes? Cada paciente, su familia, nuestros cuidadores y nuestro personal administrativo.

Ningún negocio puede sobrevivir sin un excelente servicio al cliente. Más importante aún, como agencia de atención médica debemos ser sensibles y estar atentos a las necesidades de nuestros pacientes y sus familias. Después de cuidar de personas durante más de 44 años, nuestra misión sigue siendo la misma: brindar atención compasiva con personal confiable y competente. Como uno de nuestros cuidadores, usted representa a nuestra empresa en el mundo y nuestra reputación se basa en su servicio. Debemos estar atentos para proteger nuestra reputación. Reconocemos el arduo trabajo que realiza y queremos que sepa cuánto apreciamos su compasión y la maravillosa atención que brinda a cada uno de sus pacientes. Los pacientes y sus familias también aprecian a sus cuidadores que son confiables, amables, respetuosos y compasivos.

No business can survive without excellent customer service. More importantly, as a health care agency we must be sensitive and attentive to the needs of our patients and their families. After caring for individuals for over 44 years our mission remains the same: To provide compassionate care with reliable and competent staff. As one of our caregivers, you represent our company in the world and our reputation relies on your service. We must be vigilant in protecting our reputation. We acknowledge the hard work you do and we want you to know how much we appreciate your compassion and the wonderful care you provide to each of your patients. Patients and their families also appreciate their caregivers who are reliable, kind, respectful and compassionate.

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Important Information/Reminders Información Importante/Recordatorios

The new look of your paycheck

As of Oct 1, 2020, there are new regulations regarding informing caregivers of their pay rates, paid time off, sick time and benefits. In addition, you will be able to see your pay rates and benefits on the new Notice and Acknowledgement of Pay Rate and Payday for Home Care Aides Wage Parity and Other Jobs form, which will be sent to everyone by email. Please call if you do not receive it or if you have any questions.

This Season a Flu Vaccine is More Important than Ever!

Getting a flu vaccine is more important than ever during 2020-2021 to protect yourself, your family and your community from flu. A flu vaccine this season can also help reduce the burden on our healthcare systems responding to the COVID-19 pandemic and save medical resources for care of COVID-19 patients. The more people vaccinated, the more people protected. Do your part. Get a flu vaccine this fall! (*See article on page 5*)

Covid-19 Safety

Social distance, wear a mask and wash your hands regularly. Please do not go to work sick.

La nueva apariencia de su cheque de pago

A partir del 1 de octubre de 2020, existen nuevas regulaciones con respecto a informar a los cuidadores sobre sus tarifas de pago, tiempo libre pagado, tiempo por enfermedad y beneficios. Además, podrá ver sus tarifas de pago y beneficios en el nuevo formulario de Aviso y reconocimiento de tarifa de pago y día de pago para asistentes de atención domiciliaria, paridad salarial y otros trabajos, que se enviará a todos por correo electrónico. Llame si no lo recibe o si tiene alguna pregunta.

¡Esta temporada, la vacuna contra la influenza es más importante que nunca!

Vacunarse contra la gripe es más importante que nunca durante 2020-2021 para protegerse a sí mismo, a su familia y a su comunidad de la gripe. Una vacuna contra la gripe esta temporada también puede ayudar a reducir la carga sobre nuestros sistemas de atención médica que responden a la pandemia de COVID-19 y ahorrar recursos médicos para la atención de los pacientes con COVID-19. Cuantas más personas vacunadas, más personas protegidas. Haz tu parte. ¡Vacúnese contra la gripe este otoño! (*Ver artículo en la página 5*)

Seguridad de Covid-19

Distancia social, use una máscara y lávese las manos regularmente. Por favor, no vayas a trabajar enfermo.



Able's Hall of Fame

Aides of the Month



Mesovmeh Meratzadh



Qurisha Ramjatan



Vernique Ferebee



Fellisia Small

To Whom It May Concern,

In today's times people are so quick to write a letter of complaint. Rarely do we take the time to write a letter when something is grand. Vernique Ferebee (Vee) has been our home health aide for four years now. My husband and I both believe she is the daughter we never had.

She is my cheerleader. She finds ways to cheer me up, when I'm having a bad day. She encourages me to try and do things on my own. And when I fail she encourages me to try again. She is concerned about my health. She keeps track of all my doctors appointments, and ordering medical supplies when needed. She prepares healthy food for me.

She is a great gatekeeper. She keeps my living quarters immaculate and well organized. You could eat off my kitchen floor it's so clean. I am embarrassed to say, she actually keeps my kitchen cleaner than I used to.

Vee is a major asset to your company. A true treasure. I wish I would win the lottery, so I can pay her what she's worth.

Sincerely, R.B.

Employee of the 3rd Quarter – 2020



Jacqueline Ward

To Whom It May Concern,

Please accept this letter as a formal notification of my retirement from my position as a Home Health Aide. As I entered my retirement age, I have concluded that the time has come for me to submit this letter as my days working at Able Home Health Care have come to an end.

I would like to sincerely express my gratitude to all the management and administrative staff, the coordinators who were so helpful in guiding me in my job. I will miss working with a team of people who care so much about their employees. All of your support has made working here an enjoyable and rewarding experience.



As I look forward to my new life after retirement, I will certainly miss the enjoyable time I have spent working at ABLE.

Sincerely,
Denise Dumond



*Denise has been part of the Able Family for 10 years.
Congratulations and best wishes!*

Able's Hall of Fame

*Congratulations to
Jessica and Danny Gajstut!
They are having a baby!!*



It's a Boy!

Able Health Care
Celebrates its



1976 - 2020
Congratulations!

Refer a Friend Bonus

To All Able Caregivers:

Able Health Care is pleased to introduce our **Refer a Friend Bonus Program**. If someone you refer gets hired, both you and your referred friend will each receive \$150.

To receive the bonus:

- Your referred friend must complete 200 hours of employment with Able Health Care.
- Your referred friend must track their hours and inform their branch when 200 hours are reached.
- Payment will be processed as long as you and your newly hired friend meet Able Health Care's hiring guidelines, work continuously and are in good standing.
- Rehired employees are ineligible to participate.



A todos los Cuidadores de Able:

Able Health Care se complace en presentar nuestro **Programa de Bonificación por Referir a un Amigo**. Si alguien que usted refiere es contratado, ambos usted y su amigo referido recibirán cada uno \$150.

Para recibir la bonificación:

- Su amigo referido debe completar 200 horas de trabajo con Able Health Care.
- Su amigo referido debe llevar registro de sus horas e informar a su sucursal cuando llegue a las 200 horas.
- El pago será procesado siempre y cuando usted y su amigo referido recientemente contratado, cumplan con las directivas de contratación de Able Health Care, trabajando continuamente y estando en buena situación.
- Empleados recontratados no son elegibles para participar.

Urgent Call In Call Out Reminders

To receive your pay accurately and on time it is important to:

1. Call in and out for every case which will assure you are paid the correct amount of hours you work.
2. Make sure to use the correct phone #, this will identify your patient correctly.
3. Make sure to correctly enter your ID #, this will assure you receive credit for your visit.
4. Make sure to accurately enter the tasks you do for your patient that are prescribed on the Plan of Care.
5. Do not hang up until you hear the final prompt say Thank You and Goodbye. (this will only be heard on the call out after all tasks have been entered properly.)



Please feel free to ask for help or to come to your branch if you need more guidance or help calling in and out and entering tasks.

Para recibir su paga correctamente y en el día de pago adecuado es importante que usted haga lo siguiente:

1. Debe de llamar al empezar su turno laboral y debe de llamar al concluir su turno laboral por cada caso. Este proceso asegurará que se le pague la cantidad correcta por las horas trabajadas.
2. Asegúrese de usar el número de teléfono correcto, esto identificará a su paciente correctamente.
3. Asegúrese de ingresar correctamente su número de identificación, esto le asegurará recibir crédito por su visita.
4. Asegúrese de ingresar con precisión las tareas que usted hace para su paciente las cuales están delineadas en su Plan de Cuidado.
5. No cuelgue hasta que escuche el último mensaje decir Gracias y Adiós. (Esto solo se escuchará en la llamada después de haber entrado adecuadamente todas las tareas.)

Por favor, siéntete libre de pedir ayuda o de visitar a su sucursal si necesita más orientación o ayuda para seguir el proceso de entrada y salida, y para entrar las tareas adecuadamente.

Take Advantage of the Many Benefits Offered to You Through Employment with Able Health Care

Health Insurance – Your health is important to us! We offer health insurance for you and your family with HIP. Prescription Benefits, vision and some dental coverage. HIP has an extensive network of doctors available near to your home or work. We offer four levels of coverage!

401K Retirement Plan – It's never too late to start saving for retirement. Retirement & Savings program is always an advantage. Participation is strictly voluntary. You can contribute 1% - 15% to the plan each pay period. The Able Health Care Service 401K Plan is a great way to save for your retirement.

Comprehensive Dental Care – Affordable dental coverage for you and your family. The Guardian Dental plan offers two types of coverage. Dental cleanings and other services are at a discounted rate. Depending on your selection, Orthodontics may be included. Enroll today!

Commuter Benefit – A debit card that can be used to purchase transit passes for use on New York City subways, buses, train, ferry or UberPool.

Direct Deposit – Receive your pay directly in your checking or savings account. Don't stand on long lines or pay check cashing fees. Receive your pay automatically. It's easy to enroll and see your pay statements on your mobile phone.

Referral Bonus – Refer a friend. You and your friend can each receive a bonus of \$150 each. Call your branch for details.

Aproveche los muchos beneficios que se le ofrecen Able Health Care a través de un empleo

Seguro Medico ;Su salud es importante para nosotros! Ofrecemos seguro de salud para usted y su familia con HIP. Beneficios de prescripción, visión y alguna cobertura dental. HIP tiene una amplia red de médicos disponibles cerca de su hogar o trabajo. ¡Ofrecemos cuatro niveles de cobertura!

401k Plan de Jubilación Nunca es tarde para comenzar a ahorrar para la jubilación. Elegible después de un año de empleo. El programa de jubilación y ahorro es siempre una ventaja. Participación es voluntaria. Puede aportar del 1% al 15% al plan en cada período de pago. El 401K plan de Able Health Care es una excelente manera de ahorrar para su jubilación.

Plan Dental Integral Cobertura dental asequible para usted y su familia. El plan de Guardian Dental ofrece dos tipos de cobertura. Las limpiezas dentales y otros servicios tienen una tarifa con descuento. Dependiendo de su selección, la ortodoncia puede ser incluida. ¡Inscríbete hoy!

Beneficios de Viaje Una tarjeta de débito que se puede usar para comprar pases de tránsito para el uso en los trenes, autobuses, trenes, ferry o UberPool de la Ciudad de Nueva York.

Depósito Directo: Reciba su pago directamente en su cuenta corriente o de ahorro. No se pare en colas ni pague tarifas de cambio de cheques. Reciba su pago automáticamente. Es fácil inscribirse y ver sus estados de pago en su teléfono móvil.

Programa de bonificación por medio de referencia Recomiende a un amigo o amiga para trabajar en Able Health Care. Usted y su amigo o amiga pueden cada uno recibir un bono de \$150. Para más información llame a su Sucursal de Able Health Care.

ABLE'S 401(k) Program

We encourage our employees to participate in Able's 401K plan, administered through Empower Retirement. You must complete 1 year of service to enroll. The plan offers multiple investment options, loan provisions and much more.

To help promote financial wellness in the workplace, we have financial advisers available through Merrill Lynch. They are committed to helping our employees with objective, personalized advice and guidance with your 401K accounts and overall financial plan. Please reach out to them for any questions or concerns — they are here to help:

Brett Berkman: (203) 3863-7641

Joseph Ilg: (631) 351-5129

Please remember, Able has consistently provided a discretionary contribution to those that choose to participate. While this discretionary contribution is based on company profit and is not guaranteed, we will continue to provide every available benefit and resource to our personnel. We urge you all to take advantage of this benefit and reach out to our contacts at Merrill Lynch for assistance.



While we anxiously await the development and approval of a safe and effective vaccine against Covid-19, there's another health-sparing and lifesaving vaccine already available to nearly everyone over the age of 6 months. Yes, that's the flu vaccine, offered as an annual event that not nearly enough people partake in.

How Flu Shots can help in the Fight Against Covid-19

In general, flu vaccines are on average 50 percent effective in preventing infection by the main strains of influenza virus expected to be circulating in the country in the coming flu season, usually November or December to April or May. A coronavirus vaccine may be no different. "If a vaccine was developed that is 50 percent effective in preventing Covid, it would still be licensed," advised Michael T. Osterholm, infectious disease specialist at the University of Minnesota. "Of course, we'd like a higher degree of effectiveness, but as with the flu vaccine, 50 percent protection is better than zero. A Covid vaccine probably won't be nearly as effective as the childhood vaccines we're familiar with," stated Dr. Osterholm. Thus, even after being immunized against Covid-19, we may still have to practice social distancing, wear masks in public, wash our hands often and limit indoor gatherings until and unless this too-often lethal virus "disappears". On the plus side, these protective measures against Covid-19 should also help to limit the spread of influenza. Indoors or out, masks can reduce the airborne transmission of both viral diseases, which spread when an infected person coughs, sneezes, talks or sings.

Another fact worth noting: the flu vaccine does not and cannot cause the flu. Some people may get a feverish reaction to a flu shot, but that may represent in part the body's effort to muster an immune response. Or, those who get the flu within a few days of being immunized may actually have another respiratory bug or may have already been infected with the flu virus when they got the shot. Flu viruses typically have an incubation period of one to four days before symptoms develop, and it takes about two weeks for the vaccine to become fully protective. However, even if people do get the flu after being properly immunized, the illness is likely to be significantly less severe. This may also be the case with a coronavirus vaccine.

Experts are currently most worried about a likely confluence this winter of a flu epidemic and a still-raging Covid-19 pandemic, which could easily overwhelm the medical care system and create anew a shortage of hospital beds and personal protective equipment. Pneumonia is a not-uncommon complication of the flu that could add to the burden of hospitalizations needed for people with a life-threatening coronavirus infection. The experts are also concerned about people who develop the flu and, thinking it could be Covid-19, seek medical care and a test that could inadvertently expose them to this dreaded virus as well as cause a shortage of tests. Both ailments can produce similar symptoms: fever, cough, shortness of breath and fatigue that can be extreme. Another worrisome possibility is that people who get the flu might be even more susceptible to contracting the coronavirus and to developing severe disease.

Even discounting an increased risk of Covid-19, the complications of flu can be serious. They include bacterial pneumonia, ear infections, sinus infections, and a worsening of chronic medical conditions like asthma, diabetes and congestive heart failure. Others at increased risk of serious flu-related complications include people 65 and older, pregnant women and children younger than 5. Unless there is a medical reason not to, everyone 6 months of age and older should get a flu vaccine every year!

Mientras esperamos ansiosamente el desarrollo y la aprobación de una vacuna segura y eficaz contra el Covid-19, hay otra vacuna que preserva la salud y salva la vida que ya disponible para casi todas las personas mayores de 6 meses. Sí, esa es la vacuna contra la gripe, que se ofrece como un evento anual en el que no participan suficientes personas.

En general, las vacunas contra la influenza tienen una efectividad de un promedio del 50 por ciento para prevenir la infección por las principales cepas del virus de la influenza que se espera estén circulando en el país en la próxima temporada de influenza, generalmente de noviembre o diciembre a abril o mayo. Una vacuna contra el coronavirus puede que no sea diferente. "Si se desarrollara una vacuna que sea 50 por ciento efectiva para prevenir la Covid, aún estaría autorizada", advirtió Michael T. Osterholm, especialista en enfermedades infecciosas de la Universidad de Minnesota. "Por supuesto, nos gustaría un mayor grado de efectividad, pero al igual que con la vacuna contra la gripe, la protección del 50 por ciento es mejor que cero. Una vacuna para el Covid probablemente no será tan efectiva como las vacunas infantiles con las que estamos familiarizados", afirmó el Dr. Osterholm. Por lo tanto, incluso después de haber sido inmunizados contra Covid-19, es posible que todavía tengamos que practicar el distanciamiento social, usar máscaras en público, lavarnos las manos con frecuencia y limitar las reuniones en interiores hasta que, a menos que este virus tan letal "desaparezca". En el lado positivo, estas medidas de protección contra Covid-19 también deberían ayudar a limitar la propagación de la influenza. En interiores o al aire libre, las máscaras pueden reducir la transmisión aérea de ambas enfermedades virales, que se propagan cuando una persona infectada tose, estornuda, habla o canta.

Otro hecho que vale la pena señalar: la vacuna contra la influenza no causa ni puede causar la influenza. Algunas personas pueden tener una reacción febril a la vacuna contra la gripe, pero eso puede representar en parte el esfuerzo del cuerpo por generar una respuesta inmunitaria. O, aquellos que contraen la gripe a los pocos días de haber sido vacunados pueden tener otro virus respiratorio o pueden haber sido ya infectados con el virus de la gripe cuando recibieron la vacuna. Los virus de la gripe suelen tener un periodo de incubación de uno a cuatro días antes de que se desarrollen los síntomas, y la vacuna tarda aproximadamente dos semanas en ser completamente protectora. Sin embargo, incluso si las personas contraen la gripe después de recibir las vacunas adecuadas, es probable que la enfermedad sea mucho menos grave. Este también puede ser el caso de una vacuna contra el coronavirus.

En la actualidad, los expertos están más preocupados por una posible confluencia este invierno de una epidemia de gripe y una pandemia de Covid-19, que aún sigue arrasando, que podría abrumar fácilmente el sistema de atención médica y crear una nueva escasez de camas de hospital y equipo de protección personal. La neumonía es una complicación no infrecuente de la gripe que podría aumentar la carga de las hospitalizaciones necesarias para las personas con una infección por coronavirus potencialmente mortal. Los expertos también están preocupados por las personas que desarrollan la gripe y, pensando que podría ser Covid-19, buscan atención médica y una prueba que podría exponerlos inadvertidamente a este temido virus y provocar una escasez de pruebas. Ambas dolencias pueden producir síntomas similares: fiebre, tos, dificultad para respirar y fatiga que puede ser extrema. Otra posibilidad preocupante es que las personas que contraen la gripe podrían ser aún más susceptibles a contraer el coronavirus y desarrollar una enfermedad grave. Incluso descontando un mayor riesgo de Covid-19, las complicaciones de la gripe pueden ser graves.

Incluyen neumonía bacteriana, infecciones de oído, infecciones de los senos nasales y un empeoramiento de afecciones médicas crónicas como asma, diabetes e insuficiencia cardíaca congestiva. Otras personas con mayor riesgo de complicaciones graves relacionadas con la influenza son las personas de 65 años o más, las mujeres embarazadas y los niños menores de 5 años. A menos que exista una razón médica para no hacerlo, ¡todas las personas de 6 meses o más deben vacunarse contra la influenza cada año!



Customer Service, We Are All Customers Atención Al Cliente, Todos Somos Clientes

(continued from cover)

Able, like all other home care agencies, relies on referrals from MLTCs (Managed Long Term Contracts), MCOs, (Managed Care Organizations), CHHAs, (Certified Home Health Agencies), medical professionals and from our current clients, patients and families. With excellent customer service and patient care, we will impress our referral sources and they will refer more cases to us. Referral sources appreciate agencies that accept cases quickly and can be counted on to provide competent, reliable and compliant staff (well trained).

Excellent Customer Service requires teamwork. Able must do our part in this relationship. It starts with hiring, training and retaining the best caregivers possible. To do that we try to offer steady work, good pay and benefits which consist of higher wages, vacation and sick time, health insurance, 401 retirement plans and other important benefits. This is how we show our appreciation and recognition for the great work you do every day.

There must be open communication and respect between caregivers, branch managers, service coordinators, office staff and administrative staff. We encourage all caregivers to call us if you have a problem, concern, need help or have a suggestion to improve the way we work. We are here for you!! Feel free to contact the CEO, President and Human Resources anytime.

Able, como todas las demás agencias de atención domiciliaria, se basa en referencias de MLTC (contratos administrados a largo plazo), MCO, (organizaciones de atención administrada), CHHA, (agencias certificadas de atención médica domiciliaria), profesionales médicos y de nuestros clientes actuales, pacientes y familias. Con un excelente servicio al cliente y atención al paciente, impresionaremos a nuestras fuentes de referencia y nos remitirán más casos. Las fuentes de remisión aprecian las agencias que aceptan casos rápidamente y se puede contar con ellas para proporcionar personal competente, confiable y que cumpla con las normas (bien capacitado).

Un excelente servicio al cliente requiere trabajo en equipo. Capaz debe hacer nuestra parte en esta relación. Comienza contratando, capacitando y reteniendo a los mejores cuidadores posibles. Para hacer eso, tratamos de ofrecer trabajo estable, buen salario y beneficios que consisten en salarios más altos, vacaciones y tiempo por enfermedad, seguro médico, planes de jubilación 401 y otros beneficios importantes. Así es como mostramos nuestro agradecimiento y reconocimiento por el gran trabajo que realizan todos los días.

Debe haber una comunicación abierta y respeto entre los cuidadores, gerentes de sucursales, coordinadores de servicios, personal de oficina y personal administrativo. Alentamos a todos los cuidadores a que nos llamen si tienen un problema, una inquietud, necesitan ayuda o tienen una sugerencia para mejorar la forma en que trabajamos. ¡¡Estamos aquí para ti!! No dude en ponerse en contacto con el director ejecutivo, presidente y recursos humanos en cualquier momento.

Important Phone Numbers/Números de teléfono importantes

Name	Title	Phone Number	Email
Stephanie Auguste	Queens Branch Manager	718-606-7240	Stephaniea@ablehealthcare.com
Marie Chery-Beaugris	Hempstead Branch Manager	516-277-8117	Mariee@ablehealthcare.com
Jocelyn Vasquez	Islandia Branch Manager	631-963-7748	Jocelynv@ablehealthcare.com
Andy McAlpin	Brooklyn Branch Manager	718-907-2753	Andym@ablehealthcare.com
Gladys Wharton	Human Resources Manager	516-394-3222	Gladysw@ablehealthcare.com
Christine Arnone	Payroll Manager	516-394-3246	Christinea@ablehealthcare.com
Sandra Weintraub	Chief Executive Officer White Plains issues contact Sandy	516-394-3215	Sandraw@ablehealthcare.com
Michael Shapiro	President	516-394-3222	Michaels@ablehealthcare.com



National Breast Cancer Awareness Month takes place in October across the USA and worldwide.

Supported by a number of organizations including the National Breast Cancer Foundation, the month long campaign hopes to help anyone affected by this disease.

About 1 in 8 women born today in the United States will get breast cancer at some point. The good news is that most women can survive breast cancer if it's found and treated early.

- If you are a woman age 40 to 49, talk with your doctor about when to start getting mammograms and how often to get them.

- If you are a woman age 50 to 74, be sure to get a mammogram every 2 years. You may also choose to get them more often.

Talk to a doctor about your risk for breast cancer, especially if a close family member of yours had breast or ovarian cancer. Your doctor can help you decide when and how often to get mammograms.

The statistics for this life changing disease are vast, yet more and more people, women AND men, are surviving the disease thanks to the awareness that is being raised through this campaign and many others like it worldwide.

For more information, visit the National Breast Cancer Foundation at: www.nationalbreastcancer.org.



DOES MY VOTE MATTER?

- **YES. IT DOES.**
- **It proves that you are a responsible citizen.**
- **It gives you a right to choose your representative.**
- **It gives you the power to question decisions.**
- **It gives you the right to decide what is best for your country.**

Absentee Voting

Amid the pandemic, this year New Yorkers can vote three ways: By absentee ballot, in-person early voting, or in-person voting on Election Day, November 3, 2020.

Voting is a cornerstone of our democracy and it is important that we exercise our right to vote while being mindful of public health. New York registered voters that are worried about in-person voting due to COVID can request an absentee ballot for the November 3 election. Just go to <https://absenteeballot.elections.ny.gov/>. Signed absentee ballots can be returned to drop boxes without a wait at over 300 locations statewide.

Deadline Information for General Election

Date	Deadline Information
October 27	Last day to apply online, by email, fax or to postmark an application or letter of application by mail for an absentee ballot. (Please be warned that despite this deadline, the Post Office has advised they cannot guarantee timely delivery of ballots applied for less than 15 days before an election.)
November 2	Last day to apply IN-PERSON for absentee ballot.
November 3	Last day to postmark ballot. Must be received by the local board of elections no later than November 10th. Military Voter Ballots must be received no later than Nov. 16th.
November 3	Last day to deliver ballot IN-PERSON to the local board of elections or to any poll site.

1240 Broadcast Plaza
Merrick, New York 11566
Phone: 516-546-8000
Fax: 516-868-7394
Web: ablehealthcare.com

The Able Times is a publication of Able Health Care Service, Inc. It is produced for its employees, patients, families, and referral sources.

Able has provided Home Health Care since 1976. Able has offices at the following sites:

Able Health Care Special Needs OPWDD Certified Division:

- Queens718-779-7000
- Brooklyn.....718-222-1200
- Nassau516-933-7000
- Suffolk631-952-0500

Able Health Care Licensed Home Care Agency:

- Queens718-458-0800
- Nassau516-933-7000
516-292-0100
- Suffolk631-952-0500
- White Plains914-683-9400

Recruitment Offices:

- Hempstead516-292-0100
- Brooklyn.....718-222-1200



Educational Inservices

To remain in compliance as an HHA you are required to attend 12 hours or 4 inservices each year. You can find a list of educational in-services presented at your local branch office on the ADP website. Call to make a reservation; dates may change. OSHA in-service is required once a year.

Editorial Policy

The Able Times is a publication of Able Health Care Service, Inc. The Editor invites contributions of articles, special reports, statistics, news items, short personal experiences, poetry, etc. We reserve the right to refuse and/or edit all submissions for publication. Please send articles to The Editor at 1240 Broadcast Plaza, Merrick, NY, 11566.

Neither Able Health Care Service, Inc., nor it's staff are responsible for factual statements or opinions published in The Able Times. All citations are noted where necessary.